

AMES CHAMBER OF COMMERCE

# MINORITY BUSINESS ENTERPRISES IN THE AMES MSA

Self-reported by area businesses  
Updated: January 2022

Strong efforts have been made to develop a comprehensive list of minority-owned businesses in Ames, Boone and Story County, Iowa. Included are self-reported businesses owned by minority persons. If you don't see your business on this list, please contact the Ames Chamber of Commerce today at 515-232-2310.

## Automotive

### DETAILS R US

detailsrusllc515@gmail.com  
2316 230th St. #35, Ames  
(515) 203-4234

## Clothing

### BELANGE HANDMADE

Belange Mutunda  
belangehandmade@gmail.com  
shopbhm.com

## Consulting

### MONARCH TRAINING & DEVELOPMENT

Abdullah Muhammad  
nfo@monarchtd.com  
120 Jade St., Ames | (515) 462-0323  
monarchtd.com

### AEI PAYMENT SOLUTIONS

Willie Chieves  
willie@aeipaymentsolutions.com  
805 Lawrence Ave., Ames | (515) 509-8539  
aeipaymentsolutions.com

### OLLIN STAR LC

Ana Reyes de Oropeza  
aroropeza@ollinstar.net  
5551 Bill Brooks Blvd., Ames | (515) 423-0720  
ollinstar.com

## Contractor

### D'S HOME SERVICES

d.home.serve@gmail.com  
4810 Westbend Dr., Ames | (515) 708-7150

### JONES CLEANING & REMODELING SERVICES, LLC

Austin & Valerie Jones  
jcrserv@gmail.com  
6115 Lincoln Way, Ames | (515) 520-2629

## Dry Cleaning

### GRAND CLEANERS

Sook Jarvis  
2713 Stange Rd #102, Ames | (515) 232-7780

## Fitness

### CIWC TEAM INTENSITY

Dwight Hinson  
6070 Hwy 69, Ames

### MIHEALTH AND FITNESS, LLC

Deborah Sheets  
deborah.r.sheets@gmail.com  
819 Lincoln Way Suite D., Ames  
(515) 442-0969

### PREMIERE ATHLETE TRAINING

Ernst Bruns Jr.  
premierathletetraining@gmail.com  
5820 W Lincoln Way #104, Ames  
(515) 290-2145 | premierathletetraining.com

### RENAISSANCE FITNESS PERSONAL TRAINING

Sean Carlton-Appleton  
seanca83@renfitness.org  
3015 Kellogg Ave., Ames | (515) 708-1961

### TRUTH PERFORMANCE PERSONAL TRAINING

Johnny Lewis  
truth\_performance@outlook.com  
1710 Buchanan Dr., Ames | (515) 451-7116  
truthperformance77.net

### FAMOUSFIVE6 BRAZILLIAN JU-JITSU

Vladimir Williams  
Alliance515bjj@yahoo.com  
104 Kellogg Ave., Ames | (515) 520-4308  
amesbrazilianjiu-jitsu.com

## Grocery

### AMES ASIA MARKET WEST

130 Dotson Dr., Ames | (515) 292-4699

## Grocery (cont'd)

### AMES ASIAN FOOD STORE

131-151 S 3rd St., Ames | (515) 708-7809

### AMES ASIAN MARKET

819 Wheeler St. #5, Ames | (515) 232-2061

### ASIA FOODS STORE

516 Lincoln Way #3, Ames | (515) 233-4928

### HUACHAO SNACKS

*Ken Leung*

127 Welch Ave., Ames | (515) 292-2678

### ROSITAS MEXICAN STORE

118 S Sherman Ave., Ames | (515) 233-4051

### UNI-MART

*Mihwa*

3337 Lincoln Way, Ames | (515) 292-8445

### PAMMEL GROCERY AND DELI

*Ahmad Mancini*

113 Colorado Ave. #133, Ames | (515) 292-9700

pammelgroceryames.com

## Health & Wellness

### BRAND PEAVY

*Brian Peavy*

brandpeavy@gmail.com

208 5th St., Ames | (832) 894-3824

thebrandpeavy.com

### CAMPUSTOWN CUTS

*Joe Evans*

joethebarber515@gmail.com

126 Welch Ave., Ames | (515) 708-3149

campustowncuts.com

### ERIC JACKSON MASSAGE

*Eric Jackson*

ericjackson@massagetherapy.com

401 Clark Ave. #100, Ames | (641) 420-8626

massagebook.com/Ames-Massage-eric-jackson-massage

### ESSENCE OF NATURAL BEAUTY SUPPLY

*Diamond D. Sims*

eveofessence@outlook.com

410 Main St., Ames | (515) 233-4250

## Health & Wellness (cont'd)

### JAI OLIVE WELLNESS

*Jazzmine Brooks*

brooks@jaiolivewellness.page

(515) 509-2116 | jaiolivewellness.com

### LE'S NAILS SALON

*Ling and Andrew Le*

504 Lincoln Way, Ames | (515) 233-1800

### LOVE NAILS SALON

*Uyen Murrell*

4518 Mortensen Rd. #108, Ames | (515) 292-2297

lovenailsspaames.com

### MODERN NAILS

2801 Grand Ave. #1140, Ames | (515) 663-9672

modernnails.info

### NIKKI NAILS #1

*Nikki Trinh*

4714 Lincoln Way, Ames | (515) 292-2220

### NIKKI NAILS #2

*Nikki Trinh*

823 Wheeler St. #2, Ames | (515) 663-9767

### PURE LUXE INTERNATIONAL SALON & SPA

*Terri Ford*

pureluxesalon@gmail.com

319 Clark Ave., Ames | (515) 232-5100

### STAR NAILS

702 N. Hwy 69, Huxley | (515) 597-2494

### THE KAI LANI CENTER

info@thekailanicenter.com

2603 Northridge Pkwy., Ames | (515) 338-2929

thekailanicenter.com

## Janitorial

### IGH CLEANING

*Robert and Alesia Knight*

info@ighcleaning.com

114 Crystal St., Ames | (515) 663-0000

www.ighcleaning.com

## Landscape

### TOPSOIL OUTDOOR SERVICES

*topsoiloutdoor@gmail.com*

(515) 620-9686 | topsoiloutdoor.com

## Law

### MOSLEY LAW AND ASSOCIATES, P.C.

*Merlaine Mosley*

*merlaine@mbmlawfirm.com*

1606 South Duff Ave. #500, Ames

(855) 700-9261 | ameswillsandtrusts.com

### THE SMITH LAW FIRM, PC

*Shawn Smith*

137 Lynn Ave., Ames | (515) 451-1260

shawnsmithlaw.com

## Miscellaneous

### SETH'S FLAVOR OF PICKLES

*sethsflavorofpickles@yahoo.com*

*flavorofpickles.wixsite.com*

### PHD TECHNOLOGIES, LLC

*gits.prabhu@phdtechnologies.com*

3234 Bayberry Rd., Ames | (515) 450-4845

phdtechnologies.com

## Non-Profit

### BE RARE INITIATIVE

*Kyven Gadson & Erica Andorf*

*berare.initiative@gmail.com*

4011 Arkansas Dr., Ames | (319) 504-4424

## Photography

### MEGAN POOLE PHOTOGRAPHY

*jeannemegan01@gmail.com*

(515) 230-5830

meaganpoolephotography.com

## Real Estate

### BABATUNDE AGBAJE

*Baba Agbaje*

*baba@c21sre.com*

1615 Golden Aspen Dr., Ames | (515) 460-5737

## Renovation

### COUNT IT ALL JOY

*Brandon Thomas*

*brandon.thomas@countitalljoy.com.mx*

1119 Curtiss Ave., Ames | (309) 361-4925

## Web Development

### GLOBAL REACH INTERNET PRODUCTIONS

*Iacovos Zachariades*

*connect@globalreach.com*

2321 N Loop Dr. #210, Ames | (515) 996-0996

globalreach.com

## Wine & Spirits

### AJ'S LIQUOR

*ajsliquor@yahoo.com*

2515 Chamberlain St., Ames | (515) 268-1722

## **Eat & Drink**

### **1+1**

oneplusone2814@gmail.com  
2814 West St., Ames | (515) 337-1506  
1plus1ames.com

### **888**

809 Wheeler St. #106, Ames | (515) 232-3366  
888restaurantames.com

### **ABELARDO'S MEXICAN FOOD**

*Eleazar Flores*  
chayflores18@yahoo.com  
533 Lincoln Way, Ames | (515) 232-1539

### **BOTANERO LATINO COLOMBIAN & INTERNATIONAL CUISINE**

604 E Lincoln Way, Ames | (515) 232-1333

### **CAFÉ BEAUDELAIRE**

*Claudio Gianello*  
claudio@cafebeaudelaire.com  
2504 Lincoln Way, Ames | (515) 292-7429  
cafebeaudelaire.com

### **CARLOS QUESADILLAS**

*Carlos Cortez*  
tacoselmexicano1@hotmail.com  
(515) 450-5132 | carlosquesadillas.com

### **CHICAGO TREATS FOOD TRUCK**

chicagotreats2019@gmail.com  
104 Lincoln Way, Ames | (515) 708-7056

### **EL AZTECA - NORTH**

*Albert Contreras*  
2727 Stange Rd., Ames | (515) 292-9494  
elaztecaames.com

### **EL AZTECA - SOUTH**

*Albert Contreras*  
2120 Isaac Newton Dr., Ames | (515) 715-1026  
elaztecaames.com

### **EL MAGUEY MEXICAN RESTAURANT GRILL & BAR**

*Willy Almazon*  
elmagueyames@gmail.com  
217 S Duff Ave., Ames | (515) 233-3767  
el-maguey-mexican-restaurant-grill-and-bar-mexican-restaurant.business.site

### **L MEZCALITO**

*Rafael Torres & Francisco Torres*  
1200 6th St., Nevada | (515) 382-3121

### **ES TAS BAR & GRILL**

216 Stanton Ave., Ames | (515) 337-1395

### **FUJI JAPANESE STEAKHOUSE**

*Dave Chen*  
fujisteakhouse@hotmail.com  
1614 S. Kellogg Ames | (515) 232-8383

### **HOUSE OF CHEN**

705 E Lincoln Way, Ames | (515) 233-3144

### **HUNGRY BOYS**

*Teresa Landa*  
hungryboysiowa@hotmail.com  
121 Welch Ave., Ames | (515) 612-2522

### **INDIA PALACE**

*Gurdeep Banwait*  
info@indiapalaceames.com  
120 Hayward Ave., Ames | (515) 715-1060  
indiapalaceames.com

### **JOY'S MONGOLIAN GRILL**

112 Hayward Ave., Ames | (515) 292-9077  
joysmongoliangrill.com

### **LA FIESTA BAR & GRILL**

lafiesta902@icloud.com  
823 Wheeler St., Ames | (515) 450-5175  
lafiestaames.business.site

### **LE'S RESTAURANT**

113 Colorado Ave., Ames | (515) 292-0002  
lesrestaurantames.com

### **LITTLE TAIPEI**

2514 Chamberlain St., Ames | (515) 292-6123  
ameslittletaipei.com

### **LOS ALTOS MEXICAN RESTAURANT**

1518 Broad St., Story City | (515) 733-0088  
losaltosmenu.com

### **MACUBANA**

*Herbert Dardano*  
macubana.ames@gmail.com  
116 Welch Ave., Ames | (515) 337-1007  
macubana.com

### **MAY HOUSE CUISINE**

3417 Lincoln Way, Ames | (515) 292-2089  
may-house-cuisine.business.site

### **MI CASITA RESTAURANT**

1115 6th St., Nevada | (515) 382-2444

## **Eat & Drink (cont'd)**

### **MR. BURRITO**

*Berenice & Daisy Valderrabano*  
eatmrburrito@gmail.com  
2508 Lincoln Way, Ames | (515) 292-3002  
mrburritoames.com

### **PHO & TEA**

725 24th St. #102, Ames | (515) 663.1130

### **RICO'S TACOS**

*Jose Rico*  
624 E Lincoln Way, Ames | (515) 975-9825

### **SZECHUAN HOUSE**

3605 Lincoln Way, Ames | (515) 292-7888  
szechuanhouseames.com

### **TACOS LA MICHOCANA**

*Rubi Garcia*  
326 Lincoln Way, Story City | (515) 509-9292

### **TASTE PLACE**

223 Welch Ave Upper Level, Ames  
(515) 292-7719

### **TEA TIME**

teatimeames@gmail.com  
107 Welch Ave, Ames | (515) 292-4498  
teatimeames.com

### **THAI KITCHEN**

*Punwasa Chaothanakit*  
2410 Chamberlain St., Ames | (515) 292-4788  
thaikitchenames.com

### **THE SPICE THAI CUISINE**

thespiceames@gmail.com  
402 Main St., Ames | (515) 232-0200  
thespiceames.com

### **VICTOR'S MEXICAN RESTAURANT**

victorsmexicanrestaurant@gmail.com  
602 N Highway US-69, Huxley | (515) 597-4639  
victorsmexicanrestaurant.business.site

### **W & Z MONGOLIAN BUFFET**

*Annie Li*  
rickywangwssy15@gmail.com  
1620 S Kellogg Ave. #103, Ames  
(515) 232-2338

### **WASABI AMES**

*Jay Wang*  
926 S 16th St., Ames | (515) 450-5068  
wasabidsm.com/wasabi-ames/

### **WINGSTOP**

*Seneca Wallace*  
senecawallace9@gmail.com  
S. Duff Ave., Ames | (515) 663-9464  
wingstop.com/location/wingstop-1389-ames-ia-50010

### **WOK N ROLL**

*Ling Lu*  
woknrollames@hotmail.com  
120 Welch Ave., Ames | (515) 292-6688  
woknrollia.com

*If you don't see your business on this list, please contact the Ames Chamber of Commerce today. [AmesChamber.com](http://AmesChamber.com), or 515-232-2310.*



Ames<sup>™</sup>  
CHAMBER OF COMMERCE

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